

Al-Iwan Catering Menu



Minimum Order: \$250 | Delivery Available: \$30 | *12% Gratuity will apply if event is held at MET

10330 SW Scholls Ferry Road, Tigard, OR 97223
503-579-6621 | catering@metpdx.org | www.metpdx.org

Appetizers

Priced per piece with a minimum order of 20 required

Samosa (Vegetarian)	\$1.75
<i>Deep fried veggie pie filled with vegetables, onions, and spices</i>	
Samosa (Beef)	\$2.00
<i>Deep fried meat pie filled with ground beef, onions, and spices</i>	
Falafel.....	\$1.00
<i>Deep fried ball of garbanzo beans mixed with garlic, cilantro, and parsley</i>	
Meat Pie	\$2.00
<i>Pizza-like pie baked with ground beef, onions, and spices</i>	
Spinach Pie.....	\$1.75
<i>Pizza-like pie baked with spinach, onions, sumac, olive oil, and lemon juice</i>	
Zaatar Pie	\$1.75
<i>Pizza-like pie baked with dried thyme, sesame seeds, and olive oil</i>	
Cheese Pie	\$1.75
<i>Pizza-like pie baked with mozzarella cheese, and parmesan cheese</i>	
Vegetarian Pie.....	\$1.75
<i>Pizza-like pie baked with olives, tomatoes, green peppers, and mushrooms</i>	
Kibbeh	\$2.00
<i>Deep fried sirloin pâté & bulgur, stuffed with ground beef, pine nuts, and almonds</i>	

Entrees

Half Tray serves 10-25 people, Full Tray serves 30-50 people

Basmati Rice.....	H: \$35.00	F: \$70.00
Stuffed Grape Leaves (approx. 40-50 pieces)	\$40.00	
<i>Grape leaves stuffed with rice, cilantro, dill, and onions</i>		
Lentil Pilaf (Vegetarian)	H: \$65.00	F: \$120.00
<i>Brown lentils with jasmine rice, topped with caramelized onions</i>		
Chicken Shawerma.....	H: \$70.00	F: \$140.00
<i>Marinated sliced chicken</i>		
Beef Shawerma	H: \$80.00	F: \$145.00
<i>Marinated sliced beef</i>		
Lamb Shawerma.....	H: \$85.00	F: \$165.00
<i>Marinated sliced lamb</i>		
Chicken Skewers	H: \$100.00	F: \$200.00
<i>Grilled marinated cubes of white meat</i>		
Kafta Skewers	H: \$113.00	F: \$225.00
<i>Grilled marinated ground beef</i>		
Lamb Skewers.....	H: \$125.00	F: \$250.00
<i>Grilled marinated cubes of lamb</i>		
Pasta with Meat	H: \$80.00	F: \$145.00
<i>Choice of Alfredo sauce & chicken breasts or Marinara sauce & ground beef</i>		
Whole Lamb	\$600.00	
<i>Whole cooked lamb, served with rice</i>		

Seated & Boxed Meals*

Lunch Boxes	\$12.00/person
<i>Rice, chicken, salad OR Rice, veggies, salad (vegetarian/vegan)</i>	
Light Lunch Boxes.....	\$9.00/person
<i>Sandwich (chicken, turkey, beef, or vegetarian), chips, and pop</i>	
Seated Dinner	\$35.00/person
<i>Chicken or Vegetarian. Dinner includes salad</i>	
Full Seated Dinner	\$50.00/person
<i>Chicken or Vegetarian. Dinner includes salad, dessert, tea/coffee, and lemonade</i>	

Soups & Salads

Half Tray serves 10-25 people, Full Tray serves 30-50 people

Lentil Soup.....	H: \$35.00	F: \$55.00
<i>Red lentils, onions, tomatoes, potatoes, carrots & garlic</i>		
Mediterranean Salad	H: \$40.00	F: \$70.00
<i>Tomatoes, cucumbers, parsley & onions dressed with lemon juice & olive oil</i>		
Tabouleh Salad	H: \$40.00	F: \$70.00
<i>Parsley, tomatoes, onions & bulgur wheat dressed with lemon juice & olive oil</i>		
Hummus.....	H: \$40.00	F: \$75.00
<i>Garbanzo beans, tabini, lemon juice & fresh garlic</i>		
Baba Ghanouj.....	H: \$45.00	F: \$85.00
<i>Fire-roasted eggplant, tabini, lemon juice & fresh garlic</i>		
Laban B-Khyar	H: \$40.00	F: \$70.00
<i>Creamy yogurt with cucumbers, lemon juice, mint & fresh garlic</i>		
Foul (Fava Beans)	H: \$40.00	F: \$70.00
<i>Mashed fava beans, cooked with lemon juice, fresh garlic & Olive oil</i>		

Desserts

Full Tray: 40 Pieces

Baklava.....	\$60.00
<i>Flaky phyllo filled with pistachios and walnuts, drizzled with rosewater syrup</i>	
Knafe.....	\$75.00
<i>Shredded kataife dough filled with pistachios and walnuts, drizzled with rosewater syrup</i>	
Knafe B-Jiban	\$60.00
<i>Shredded kataife dough filled with cheese and cream, drizzled with rosewater syrup</i>	
Bassboussa	\$50.00
<i>Cream of wheat farina, yogurt, butter, drizzled with rosewater syrup</i>	
Cheese Cake	\$70.00
<i>Classic cheese cake</i>	

Beverages

Serves 10 people

Regular Coffee.....	\$16.00
Assorted Tea	\$20.00

Serves 100 people

Regular Coffee.....	\$90.00
Assorted Tea	\$120.00
Lemonade (serves 50).....	\$60.00

Buffet Style Meals*

Light Breakfast	\$6.50/person
<i>Croissant, cheese, boiled eggs, fruits, cookies</i>	
Full Breakfast.....	\$7.50/person
<i>Bagels w/ cream cheese, eggs, potatoes, beef sausages, muffins</i>	
Light Snack.....	\$5.00/person
<i>Crackers, cheese, and fruits</i>	
Lunch	\$15.00/person
<i>Rice, chicken, vegetables, salad</i>	
Dinner	\$20.00/person
<i>Rice, chicken, vegetables, hummus, bread, salad</i>	